

Chartwells SPRING/SUMMER 2023

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

CHARTSS23-3W2MAIN 779452

WEEK 1

W/C: 17/04, 08/05, 29/05, 19/06, 10/07, 11/09, 02/10

WEEK 2

W/C: 24/04, 15/05, 05/06, 26/06, 17/07, 18/09, 09/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		MON
AINS	Cheese and Tomato Pizza Served with Potato Wedges	Pork Sausages Served with Mashed Potato and Gravy	Roast Turkey 	Beef Bolognese Served with Wholemeal Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips	AINS	Chees Tomato Served w Wea
HOT MAINS	Vegetable Pesto Pasta Bake 🧕	Macaroni Cheese 📀	Roasted Vegetable Butterbean Crumble @ & Served with Roast Potatoes and Gravy	Vegetarian Bolognese o Served with Wholemeal Pasta	Vegetarian Dippers @ Served with Chips	HOT MAINS	Vege Pastry Served w Wea
JACKET POTATO	Jacket Potatoes ♥ with a choice of hot and cold fillings	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	JACKET POTATO	Jacket P % with a cho and colo
	Tomato Pas	ta Fresh, homemade All main meals ar	tomato and basil sau		V *		Ton
DESSERT	Vanilla Ice Cream	Hot Chocolate Sponge with Chocolate Custard	Strawberry Jelly with Fruit	Fruity Picnic Bar ö	Chocolate Ice Cream	DESSERT	Oat Ch Cookie Fru
		Ham and Cheese san	D LUNCH AVAILABL dwich available daily fruit or dessert of the	/ with veg sticks			🛛 Vegetari

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
HOT MAINS	Cheese and Tomato Pizza () Served with Potato Wedges	Chinese Chicken and Vegetable Rice 🐲 🤗	Roast Gammon Served with Roast Potatoes and Gravy	Beef Lasagne ♥ Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips				
	Vegetable Pastry Roll ⊙ Served with Potato Wedges	Cauliflower Macaroni Cheese o 🛛	Sweet Potato and Chickpea Roast O Served with Roast Potatoes and Gravy	Vegetable Lasagne ⊘ ⊯ Served with Garlic and Herb Bread	Vegetarian Dippers ⊙ Served with Chips				
POTATO	Jacket Potatoes © with a choice of hot and cold fillings	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes © with a choice of hot and cold fillings	Jacket Potatoes				
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 💟 🐝									
	All main meals are served with two vegetables								

Oat Chocolate Cookie with Fruit 🐞

Orange Jelly

Chocolate and Banana Marble Cake

AVAILABLE EVERY DAY Water, salad, freshly baked bread, yoghurt & fresh fruit

Banana and Apricot Flapjack with Fruit •

Vegetarian 🖄 Oily Fish 😻 Wholegrain 🍈 Fruity! 💖 Nutritionist's Choice