



KS2	Curriculum Flight Path Year A			
Autumn 1				
Lesson 1	Year 3	Year 4	Year 5	Year 6
Theme (overarching e.g Tudors)	Invasion Games (Through Tag Rugby) Unit 1 SSP festival and Tournament	Invasion Games (Through Tag Rugby) Unit 2 SSP festival and Tournament	Invasion Games (Through Tag Rugby) Unit 3 SSP festival and Tournament	Invasion Games (Through Tag Rugby) Unit 4 SSP festival and Tournament
Question (based on specific components of knowledge and)	Can you throw and receive the ball with some control whilst moving towards a target?	Do you make full use of the space around the pitch to help my team and avoid being tagged?	When playing do you adapt skills for different situations in a game play?	Are you constantly applying the rules to your game play?
Vocabulary (progressive – so what are the new words?)	-hands ready 'W' shape -pass -tag -Possession	-hands ready 'W' shape -pass backwards -tag -interception	-working together, collaboration -Pass backwards, run forwards -Opponent -Hold	-teamwork -sticking to the rules -tactics/strategy
Lesson 2				
Theme (overarching e.g Tudors)	Dance Unit 2/3	Dance Unit 4	Dance Unit 5	Dance Unit 6
Question (based on specific components of knowledge and)	Are you beginning to improvise with a partner to create your dance?	Can you identify and repeat actions and movement patterns for a specific dance style?	Can compose individual, partner and group dances that reflect a dance style?	Do you use dramatic expression in dance movements using your body language, linked to the stimuli?
Vocabulary (progressive – so what are the new words?)	-Compare -Adapt -Large and small movements -Express opinion -Awareness of rhythm -Spatial awareness	-Pattern -Dance style -Precision -Dynamics -self-evaluation	-Pace and timing -Imagination -Devise -peer-evaluation	-Flexible -Fluency -Rhythmically and accurately



KS2	Curriculum Flight Path Year A			
Autumn 2				
Lesson 1	Year 3	Year 4	Year 5	Year 6
Theme (overarching e.g Tudors)	Invasion Game Basketball Unit 1	Invasion Game Basketball Unit 2	Invasion Game Basketball Unit 3	Invasion Game Basketball Unit 4
Question (based on specific components of knowledge and	Remain in control of the ball, bouncing with one hand whilst changing speed and direction.	Can you remain in control of the ball - dribble the ball, while moving or stationary, and pass, using a suitable method, to a member of your team?	Can you "quick pivot" to find the best option to pass to or shoot, within a game situation?	Within a game, can you evaluate the situation accurately, and use appropriate skill to possess, travel and pass the ball in a game situation?
Vocabulary (progressive – so what are the new words?)	-use fingers (not flat of hand to dribble) -push in direction of target for shooting -work with someone you work well with	-movement, getting into space -traveling/ footwork	-scoring as part of the game -taking it in turns for different roles	-teamwork -tactics -playing to the rules
Lesson 2				
Theme (overarching e.g Tudors)	Gym Unit 3	Gym Unit 4	Gym Unit 5	Gym Unit 6
Question (based on specific components of knowledge and	Using floor and apparatus, can create a sequence of contrasting actions, showing contrasting shapes?	Using floor and mats, can you create a sequence with up to six elements, combining shape, movement and travelling?	In a small group and using the floor and mats, can you create a sequence with up to 8 elements which must include mirroring or matching?	Create a sequence with at least 8 elements on the floor and apparatus, which must include - twisting, turning, flight, changes of direction and speed, contrasting shapes and balances
Vocabulary (progressive – so what are the new words?)	-Range -Direction -Fluency -Straddle	-Specific movement -Success criteria -Positive effect, negative -Posture -Skills -Positions -Manoeuvres	--Pivots -Centre of gravity -Base their balance	-Complex -Precise and controlled



KS2	Curriculum Flight Path Year A			
Spring 1				
Lesson 1	Year 3	Year 4	Year 5	Year 6
Theme (overarching e.g Tudors)	Invasion Games (Through Handball) Unit 1 SSP festival and Tournament	Invasion Games (Through Handball) Unit 2 SSP festival and Tournament	Invasion Games (Through Handball) Unit 3 SSP festival and Tournament	Invasion Games (Through Handball) Unit 4 SSP festival and Tournament
Question (based on specific components of knowledge and)	Can you throw and catch the ball to keep possession and score goals?			
Vocabulary (progressive – so what are the new words?)	-use fingers (not flat of hand to dribble) -push in direction of target for shooting -work with someone you work well with	-movement, getting into space -traveling/ footwork	-scoring as part of the game -taking it in turns for different roles	-teamwork -tactics -playing to the rules
Lesson 2				
Theme (overarching e.g Tudors)	Dance Unit 3	Dance Unit 5	Dance Unit 4	Dance Unit 6
Question (based on specific components of knowledge and)				
Vocabulary (progressive – so what are the new words?)	-Compare -Adapt -Large and small movements -Express opinion -Awareness of rhythm -Spatial awareness	-Pattern -Dance style -Precision -Dynamics -self-evaluation	-Pace and timing -Imagination -Devise -peer-evaluation	-Flexible -Fluency -Rhythmically and accurately



KS2	Curriculum Flight Path Year A			
Spring 2				
Lesson 1	Year 3	Year 4	Year 5	Year 6
Theme (overarching e.g Tudors)	Net and Wall Games Tennis Unit 1	Net and Wall Games Tennis Unit 2	Net and Wall Games Tennis Unit 3	Net and Wall Games Tennis Unit 4
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-Racket control -Sideways On -Games	-Racket control -Forehand -Sideways On -Games	-Net -Backhand, volley, serve -More advanced games	-Net -Backhand, volley, serve -More advanced games)
Lesson 2				
Theme (overarching e.g Tudors)	Gymnastics Unit 3	Gymnastics Unit 4	Gymnastics Unit 5	Gymnastics Unit 6
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-Range -Direction -Fluency -Straddle	-Specific movement -Success criteria -Positive effect, negative -Posture -Skills -Positions -Manoeuvres	--Pivots -Centre of gravity -Base their balance	-Complex -Precise and controlled



KS2	Curriculum Flight Path Year A			
Summer 1				
Lesson 1	Year 3	Year 4	Year 5	Year 6
Theme (overarching e.g Tudors)	Athletics Unit 1	Athletics Unit 2	Athletics Unit 3	Athletics Unit 3
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-Flight phase -Long jump -Push throw	-Triple jump -Relay -Pull throw	-Short distance running -Long distance running -Fling throw	-Accelerate -Control -Routine
Lesson 2				
Theme (overarching e.g Tudors)	Gymnastics Unit 3	Gymnastics Unit 4	Gymnastics Unit 5	Gymnastics Unit 6
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-Range -Direction -Fluency -Straddle	-Specific movement -Success criteria -Positive effect, negative -Posture -Skills -Positions -Manoeuvres	--Pivots -Centre of gravity -Base their balance	-Complex -Precise and controlled



KS2	Curriculum Flight Path Year A			
Summer 2				
Lesson 1	Year 3	Year 4	Year 5	Year 6
Theme (overarching e.g Tudors)	Strike & Field Games Cricket Unit 1	Swimming	Swimming	Strike & Field Games Cricket Unit 2
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-sideways on for batting - accuracy of throw - long barrier	Streamlined Kick Stroke Push Glide Float Tread water	Streamlined Kick Stroke Self-rescue	-teamwork -playing to the rules -tactics
Lesson 2				
Theme (overarching e.g Tudors)	Athletics Unit 1 SSP festival and Tournament	Outdoor Ed Athletics Unit 2 SSP festival and Tournament	Athletics Unit 3 SSP festival and Tournament	Residential Outdoor Ed Unit 3 Athletics Unit 3 SSP festival and Tournament
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-Flight phase -Long jump -Push throw	-Triple jump -Relay -Pull throw	-Short distance running -Long distance running -Fling throw	-Accelerate -Control -Routine



KS2	Curriculum Flight Path Year B			
Autumn 1				
Lesson 1	Year 3	Year 4	Year 5	Year 6
Theme (overarching e.g Tudors)	Invasion Games (Through High 5 Netball) Unit 1 SSP festival and Tournament	Invasion Games (Through High 5 Netball) Unit 2 SSP festival and Tournament	Invasion Games (Through High 5 Netball) Unit 3 SSP festival and Tournament	Invasion Games (Through High 5 Netball) Unit 4 SSP festival and Tournament
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-use fingers (not flat of hand to dribble) -push in direction of target for shooting -work with someone you work well with	-movement, getting into space -traveling/ footwork	-scoring as part of the game -taking it in turns for different roles	-teamwork -tactics -playing to the rules
Lesson 2				
Theme (overarching e.g Tudors)	Gymnastics Unit 3	Gymnastics Unit 4	Gymnastics Unit 5	Gymnastics Unit 6
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-Range -Direction -Fluency -Straddle	-Specific movement -Success criteria -Positive effect, negative -Posture -Skills -Positions -Manoeuvres	--Pivots -Centre of gravity -Base their balance	-Complex -Precise and controlled



KS2	Curriculum Flight Path Year B			
Autumn 2				
Lesson 1	Year 3	Year 4	Year 5	Year 6
Theme (overarching e.g Tudors)	Invasion Game Hockey Unit 1	Invasion Game Hockey Unit 2	Invasion Game Hockey Unit 3	Invasion Game Hockey Unit 4
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-Hockey stick -Dribble -Side step	-Force -Pass and stop -Control	-Attack and defend -Back line	-Flick
Lesson 2				
Theme (overarching e.g Tudors)	Dance Unit 2/3	Dance Unit 4	Dance Unit 5	Dance Unit 6
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-Compare -Adapt -Large and small movements -Express opinion -Awareness of rhythm -Spatial awareness	-Pattern -Dance style -Precision -Dynamics -self-evaluation	-Pace and timing -Imagination -Devise -peer-evaluation	-Flexible -Fluency -Rhythmically and accurately



KS2	Curriculum Flight Path Year B			
Spring 1				
Lesson 1	Year 3	Year 4	Year 5	Year 6
Theme (overarching e.g Tudors)	Gymnastics Unit 3 SSP festival and Tournament	Gymnastics Unit 4 SSP festival and Tournament	Gymnastics Unit 5 SSP festival and Tournament	Gymnastics Unit 6 SSP festival and Tournament
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-Range -Direction -Fluency -Straddle	-Specific movement -Success criteria -Positive effect, negative -Posture -Skills -Positions -Manoeuvres	--Pivots -Centre of gravity -Base their balance	-Complex -Precise and controlled
Lesson 2				
Theme (overarching e.g Tudors)	Invasion Games Football Unit 1	Invasion Games Football Unit 2	Invasion Games Football Unit 3	Invasion Games Football Unit 4
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-Compare -Evaluate -Predict -Possession	-Contribute to the team -Successful tactics -Tackling -Scoring	-disc rotation -backhand -2 handed catch -Adapt -Awareness	-anticipation -moving into space -Communication -Attack and defence



KS2	Curriculum Flight Path Year B			
Spring 2				
Lesson 1	Year 3	Year 4	Year 5	Year 6
Theme (overarching e.g Tudors)	Dance Unit 2/3	Dance Unit 4	Dance Unit 5	Dance Unit 6
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-Compare -Adapt -Large and small movements -Express opinion -Awareness of rhythm -Spatial awareness	-Pattern -Dance style -Precision -Dynamics -self-evaluation	-Pace and timing -Imagination -Devise -peer-evaluation	-Flexible -Fluency -Rhythmically and accurately
Lesson 2				
Theme (overarching e.g Tudors)	Net and Wall Games Tennis Unit 1	Net and Wall Games Tennis Unit 2	Net and Wall Games Tennis Unit 3	Net and Wall Games Tennis Unit 4
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-Racket control -Sideways On -Games	-Racket control -Forehand -Sideways On -Games	-Net -Backhand, volley, serve -More advanced games	-Net -Backhand, volley, serve -More advanced games)



KS2	Curriculum Flight Path Year B			
Summer 1				
Lesson 1	Year 3	Year 4	Year 5	Year 6
Theme (overarching e.g Tudors)	Strike & Field Games (Through Dartmoor 3 Ball) Unit 1 SSP festival and Tournament	Strike & Field Games (Through Dartmoor 3 Ball) Unit 1 SSP festival and Tournament	Strike & Field Games (Through Dartmoor 3 Ball) Unit 2 SSP festival and Tournament	Strike & Field Games (Through Dartmoor 3 Ball) Unit 2 SSP festival and Tournament
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-sideways on for batting - accuracy of throw - long barrier	-teamwork -scoring -playing to the rules	- sideways on - Point at your target -straight arm	-teamwork -playing to the rules -tactics
Lesson 2				
Theme (overarching e.g Tudors)	Gymnastics Unit 3	Gymnastics Unit 4	Gymnastics Unit 5	Gymnastics Unit 6
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-Range -Direction -Fluency -Straddle	-Specific movement -Success criteria -Positive effect, negative -Posture -Skills -Positions -Manoeuvres	--Pivots -Centre of gravity -Base their balance	-Complex -Precise and controlled



KS2	Curriculum Flight Path Year B			
Summer 2				
Lesson 1	Year 3	Year 4	Year 5	Year 6
Theme (overarching e.g Tudors)	Strike & Field Games Cricket Unit 1	Swimming	Swimming	Strike & Field Games Cricket Unit 2
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-sideways on for batting - accuracy of throw - long barrier	Streamlined Kick Stroke Push Glide Float Tread water	Streamlined Kick Stroke Self-rescue	-teamwork -playing to the rules -tactics
Lesson 2				
Theme (overarching e.g Tudors)	Athletics Unit 1	Outdoor Ed Athletics Unit 2	Athletics Unit 3	Residential Outdoor Ed Unit 3 Athletics Unit 3
Question (based on specific components of knowledge and				
Vocabulary (progressive – so what are the new words?)	-Flight phase -Long jump -Push throw	-Triple jump -Relay -Pull throw	-Short distance running -Long distance running -Fling throw	-Accelerate -Control -Routine