



Theme 1 - AUTUMN	Curriculum Flight Path Year A			
	EYFS	KS1	Year 3/4	Year 5/6
Theme The Recovery Curriculum 2020 - Healthy lifestyles	Beginning School	Transitioning back into school	Transitioning back into school	Transitioning back into school
Question (based on specific components of knowledge)	What makes a good friend? How can we play together?	How can I recognise my feelings?	What choices support healthy well-being?	What are all the elements that contribute to healthy well-being?
Vocabulary (progressive – so what are the new words?)	welcome, share, belong, team, friendship, care, sorry, forgive	feelings,, thoughts, positive, negative, relationships, forgiveness	balanced, healthy choices, well-being, emotions, mental health, physical health, hydration	acceptance, belonging, self-esteem, self-assurance, anxiety, stress, fatigue, awareness, overwhelmed, positivity
Theme 2 - SPRING	Curriculum Flight Path Year A			
	EYFS	KS1	Year 3/4	Year 5/6
Living in the Wider World	Managing Feelings and Behaviour	Needs and Wants	Rights and Responsibilities	Money, Money, Money
Question (based on specific components of knowledge)	Why are rules important? Is that fair?	Is money important?	What are my rights? Therefore what are my responsibilities?	What decisions can people make about money?
Vocabulary (progressive – so what are the new words?)	feeling, naming emotions, actions, behaviour, rules, safe	money, bank, spending, saving, earn, pay	human rights, responsibility, discrimination, prejudice, UNICEF, opportunities	priorities, debt, invest, account, value, environment, fairtrade
Theme 3 - SUMMER	Curriculum Flight Path Year A			
	EYFS	KS1	Year 3/4	Year 5/6
Keeping Safe	Self Confidence and Self Awareness + Managing Change	Who helps us? + Managing Change	Staying Safe + Managing Change	Being Safe + Managing Change
Question (based on specific components of knowledge)	What am I good at? What makes me special? Who helps me to grow?	Who helps us to stay safe? What helps us to stay healthy?	What keeps us safe? How do we stay safe in our local environment? (To include beach and sun safety)	Can I identify risks? (To include beach and sun safety) How can we help in an accident or emergency?
Vocabulary (progressive – so what are the new words?)	special, unique, created, different	electrical appliance, shock, crossings, unfamiliar, emergency, accident, sunscreen, lifeguard, unfamiliar	hazard, harm, exposure, heat stroke, skin cancer, UVA, UVB, riptide, emergency services	words linked to first aid - resuscitation, risk, respond, react, reduce

Theme 1 - AUTUMN	Curriculum Flight Path Year B			
	EYFS	KS1	Year 3/4	Year 5/6
Theme (overarching e.g Tudors) Healthy Lifestyles		Dental Health	Habits	Lifestyles
Question (based on specific components of knowledge and		How do I keep my teeth healthy?	Why should we eat well and look after our teeth? Why should we keep active and sleep well? (link to PE)	How can we keep healthy as we grow? How can the media influence people?
Vocabulary (progressive – so what are the new words?)		dentist, oral, cavities, decay, hygiene, plaque	balanced, habits, lifestyle, addiction	inactive, benefits, influence, guideline, restriction, pressure
Theme 2 - SPRING	Curriculum Flight Path Year B			
	EYFS	KS1	Year 3/4	Year 5/6
Theme (overarching e.g Tudors) The Wider World - Careers		Jobs	The World of Work	I can be Anything
Question (based on specific components of knowledge and		Why do people have jobs?	What jobs are out there?	What do I aspire to be? What is a stereotype?
Vocabulary (progressive – so what are the new words?)		job, career, earn, pay	trades, professional, business, vocation, interest, strength	voluntary, qualification, career path, ambition, aspiration
Theme 3 - SUMMER	Curriculum Flight Path Year B			
	EYFS	KS1	Year 3/4	Year 5/6
Theme (overarching e.g Tudors) Keeping Safe		Who helps us? + Managing Change	Staying Safe + Managing Change	Being Safe + Managing Change
Question (based on specific components of knowledge and		Who helps us to stay safe? What helps us to stay healthy?	What keeps us safe? How do we stay safe in our local environment? (To include beach and sun safety)	Can I identify risks? (To include beach and sun safety) How can we help in an accident or emergency?
Vocabulary (progressive – so what are the new words?)		electrical appliance, shock, crossings, unfamiliar, emergency, accident, sunscreen, lifeguard, unfamiliar	hazard, harm, exposure, heat stroke, skin cancer, UVA, UVB, riptide, emergency services	words linked to first aid - resuscitation, risk, respond, react, reduce

